

## Report Card Rubric: Grade 4

Report Card Statements	4 Exceeding end-of-year standards	3 Meeting end-of-year standards	2 Progressing toward end-of-year standards	1 Beginning to understand end-of-year standards
<b>Physical Activity</b>				
<b>Actively participates in physical fitness activities within the target heart rate zone</b>	Participates regularly and vigorously in continuous physical activity	Maintains continuous physical activity	Participates in physical activity, but unable to sustain continuous activity	Rarely participates in activity that promotes an active lifestyle
<b>Physical Skill Development</b> <i>Demonstrates the skills and knowledge of individual and modified team skill concepts</i>				
<b>Rhythmic Movement</b>	Uses advanced skills in a routine without prompting and/or hesitation	Develops or performs a routine without prompting and/or hesitation	Develops or performs a routine with minimal hesitation/assistance	Unable to complete a routine without adult assistance
<b>Modified Team and Individual Skills</b>	Demonstrates advanced object control skills	Demonstrates mature object control skills	Demonstrates emerging object control skills	Demonstrates beginning object control skills
	Able to identify and apply key elements of object control skills in a game situation	Able to identify and apply key elements of object control skills	Able to identify some of the key elements of object control skills	Unable to identify key elements of object control skills
<b>Physical Fitness</b>	Demonstrates a variety of advanced mechanics of fitness components	Demonstrates proper mechanics of fitness components	Demonstrates emerging mechanics of fitness components	Demonstrates beginning mechanics of fitness components
<b>Health Enhancing Fitness</b>				
<b>Demonstrate the ability to interpret fitness test results and identify activities to enhance fitness level</b>	Identify more than one activity which enhances each of the four fitness components	Identify one activity which enhances each of the four fitness components	Identify one activity which enhances three of the four fitness components	Identify one activity which enhances two of the four fitness components
<b>Responsible Behaviors</b>				
<b>Demonstrates problem solving, critical thinking and communication skills when working on a team</b>	Consistently self initiates leadership qualities (i.e. volunteering solutions, listening to others' ideas, encouraging others, bringing about group consensus) within group in a variety of settings	Self initiates leadership qualities (i.e. volunteering solutions, listening to others' ideas, assisting in reaching group consensus) within group in a variety of settings	Participates in group problem solving (i.e. volunteering some ideas, listens to others),	Not actively involved in problem solving (i.e. not volunteering relevant/useful solutions, not listening to others' ideas or putting them down, making group consensus difficult).
<b>Listens and follows directions</b>	Listens and follows directions without reminders	Listens and follows directions when asked	Inconsistently listens and follows directions, which affects individual success	Refusal to listen and follow directions affects others
<b>Makes safe and responsible choices</b>	Leads others in recognizing the consequences of various choices made in game/task activities (honesty, attitudes (of self and others))	Considers the consequences of various choices made in game/task activities (honesty, attitudes (of self and others))	Occasionally considers the consequences of various choices made in game/task activities (honesty, attitudes (of self and others))	Rarely considers the consequences of various choices made in game/task activities (honesty, attitudes (of self and others))