



Wellness Leads to Success Mini-Grant Proposal

APPLICATION PROCESS

The mission of the ECASD Wellness Program is to engage and support employees and their families to adopt and maintain healthy lifestyle choices. The Wellness Committee will consider wellness mini-grant proposals for amounts up to \$500 that support this mission. Applications will be reviewed by the committee and notify the recipients.

To apply, complete the following application and **submit to one of the Wellness Coordinators (Kari Winkler/Memorial or Holly Larson/Longfellow)** by school/regular mail or email (preferred). To give the Wellness Committee a clear understanding of the project, please answer all of the following:

Proposal Name: _____ Location: _____

Contact Person: _____ Phone Number: _____

1. Start Date: _____ End Date: _____

2. Please give a brief overview/benefit of the project:

3. How will the success of this project be measured?

4. How many staff are you anticipating will be involved in the project? _____

5. How much money are you requesting for this proposal? \$ _____

What will be purchased?

Note: Wellness supplies must be purchased using Wellness PCard—Personal credit card/cash use will not be reimbursed.

6. If using an instructor/lifeguard, name of instructor/lifeguard: _____

Note: I-9 must be complete before instructor/lifeguard begins.

Note: Lifeguard rate is \$12.00/hour per district guidelines. Taxes will be taken out.

Note: Instructors get a \$20 per session instructor stipend. Taxes will be taken out.

Wellness Coordinator Use Only

Approved: Yes No Signature: _____ Date: _____

Amount Granted: \$ _____ Date Approval Form Sent: _____

Comments: