

Rest Time



**At rest time I get my mat
and put it in my special spot.**



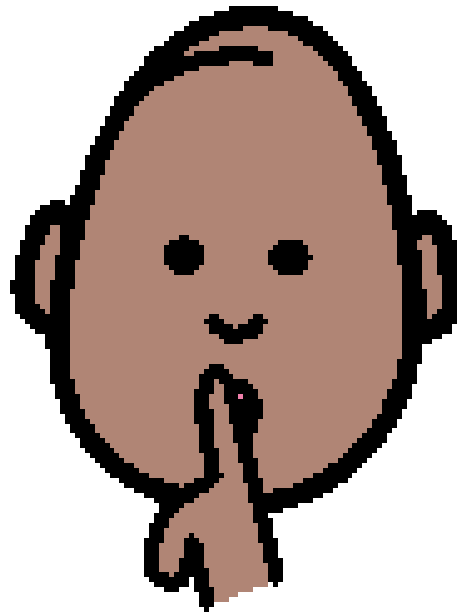
I remember to bring my blanket and stuffed animal with me to my mat.



I lay quietly on my mat.



I turn my voice off.



It's ok if I fall asleep.



I rest quietly until my teacher tells me to put my mat away.



I can do it!
How about you?

